

Patient Information COVID-19 – Discharge

To Patients and Relatives

Dear Parent

The patient information is for you if your child is discharged with confirmed Covid-19 (Corona virus).

To minimize the risk of spread of infection, we ask your child to comply with the following precautions, which are based on the Health Authority's guidelines:

- Go straight home and stay in home-isolation until your child is considered non-infectious (See the infection-free rules below).
- Avoid close contact with others.
- Keep your child and the rest of the family away from vulnerable people such as the elderly, infants and chronically ill.
- As much as possible, let the child keep a distance from other members in your household.
- Maintain good hand hygiene.
- Frequently clean the rooms which your child shares with others in the household. Use ordinary cleaning products and be more thorough in places that are often touched, for example handles, electrical switches or tables. Towels, bed sheets and underwear should be washed at minimum 80 degrees. The rest of the clothes should be washed if possible at minimum 60 degrees.
- Ventilate your place at least twice a day for at least 10 min.
- Follow the general advice of the Health Authority (<https://www.sst.dk/corona>)

Inform close contacts about risk of infection

As a parent of a child infected with Covid-19, you should inform your closest relatives and the people your child has been in close contact with. This is so that they can be aware of any eventual symptoms themselves. Close contacts are people which your child has been with during the period from the start of the child's symptoms and until 48 hours after the symptoms cease.

Worsening symptoms

If your child's symptoms worsen, you must contact the department.

When is your child non-infectious?

Your child is considered non-infectious 48 hours after the end of symptoms. If in doubt, better stay at home an extra day than a day too short.